

Anne W. Joseph

Anxiety Treatment Center of Austin
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License

Licensed Professional Counselor- Supervisor- License #66997

Education

Master of Education, Counseling Psychology- University of Houston 2010
Bachelor of Arts, Psychology and Education- Rhodes College 2008

Professional Positions

Anxiety Treatment Center of Austin, Austin, TX 2023- Present
Therapist

Helping Hand Home for Children, Austin, TX 2017 to 2023
Therapist/ Case Manager

Riverside Community Care, Boston, MA 2014 to 2017
Family Therapist

The Harris Center for Mental Health and IDD, Houston, TX 2011 to 2014
Licensed Professional Counselor- Juvenile Justice Alternative Education Program
Licensed Professional Counselor Intern- Adult Forensic Unit, Harris County Jail

IntraCare Behavioral Health Hospital, Houston, TX 2010 to 2011
Therapist- Child and Adolescent Unit

Clinical Practicum

Bo's Place, Houston, TX 2009 to 2010

Clinical Trainings

- Exposure and Response Prevention Therapy for OCD (Cognitive Behavioral Institute)
- Online OCD Conference (McLean Hospital/ Mass General Hospital- Boston, MA)
- Play Therapy with the Brain and Body in Mind: A Polyvagal Approach (University of Texas, Austin TX)
- Trauma-Focused Cognitive Behavioral Therapy (The Center for Child Protection- Austin, TX)
- South Texas Trauma Informed Care Conference (The Children's Shelter- San Antonio, TX)
- Cognitive Behavior Therapy Competency Training (The Beck Institute- San Antonio, TX)
- Trust Based Relational Intervention Training (TCU Institute of Child Development- Austin, TX)
- Neurosequential Model of Therapeutics Overview (Dr. Bruce Perry- Austin, TX)
- EMDR Basic Training Children and Adolescents (EMDR Institute)